

Couples Massages

TAX INCLUDED, GRATUITY APPRECIATED

❖ **4 Hands Massage (New)**

This is the ultimate experience. Two therapists, four hands, working simultaneously to create ultimate relaxation. Receive the benefits and results of a 60 or 90 minute massage in half the time. The therapists work together, mirroring one another or working half the body each, all while maintaining the relaxing fluidity of a Swedish massage.

30 minutes \$225 for two

60 minutes \$330 for two

❖ **Swedish Massage**

A unique European full body massage, that stimulates blood circulation and soothes tense muscles. Medium in pressure, it uses a combination of three basic strokes - long firm strokes, kneading strokes and small circular strokes - to smooth away stress.

60 minutes \$155 for two

90 minutes \$225 for two

❖ **Deep Tissue Massage**

A therapeutic massage focusing on specific areas using a variety of advanced techniques to help promote recovery of injured and strained muscles and improve flexibility and range of motion.

60 minutes \$175 for two

90 minutes \$255 for two

❖ **Hot Stone Massage**

Originated from the islands, this Hawaiian-style massage uses smooth heated stones covered with coconut oil to carry warmth deep into the muscles, tissues and joints. These stones glide on your skin to soothe and stimulate, giving you the most relaxing, one-of-a-kind unique experience.

60 minutes \$205 for two

90 minutes \$275 for two

❖ **TOTAL INDULGENCE FOR TWO**

This package is the ultimate in relaxation for two. We'll start with a side-by-side stone massage, as both therapists will use essential oils and warmed stones to relax your bodies. We then follow with European facials. Last of all, but not least, a spa pedicure and spa manicure is performed for you both. You will feel indulged and completely refreshed from head to toe.

Approximately 4 hours 15 minutes - \$488 for two

Facials

TAX INCLUDED, GRATUITY APPRECIATED

❖ **Polynesian Noni Fruit Facial (New)**

The benefit of this facial is soothed and tightened skin. Noni, a tropical island fruit, known for its legendary healing properties, creates a powerful protective sealant for the skin. Lightweight and oil free, this gel combines the calming and skin tightening assets of the Noni juice into a base of Aloe Vera Gel. This extremely effective treatment all assist in the relief of sun and wind damaged skin as well as calming irritated and inflamed skin conditions.

60 minutes - \$70

❖ **Refresh and Renew Facial (New)**

This facial includes an aromatic peel containing pumpkin extract and malic acid to smooth away any rough areas of skin. This unique treatment will reveal glowing, baby soft skin

60 minutes - \$100

❖ **European Facial**

This relaxing facial is the very essence of good skin care. Your treatment includes cleansing, steaming, exfoliation, extractions (if necessary), a light massage and individualized mask to soothe, repair and revitalize.

30 minutes - \$50

60 minutes - \$80

❖ **4 Layer Facial**

Experience layer upon layer of pure, fresh European seaweed to rejuvenate, tone, and help firm your skin. This treatment will help your skin dramatically and long term. The result is healthier, younger looking skin that is nourished with visible moisture.

60 minutes - \$95

❖ **Lift & Tone Facial**

A non-surgical face-lift. This treatment works wonders on all skin types, improves skins clarity, elasticity, texture and overall health. Our treatment begins with deep pore cleansing and then a series of herb and enzyme protein mask, which is helpful for sun-damaged and prematurely aging skin. This classic facial also encourages detoxification and helps speed cell metabolism.

60 minutes - \$100

❖ **Ultimate Facial**

Combines the European facial with Microdermabrasion to achieve more dramatic and immediate results. Combining these two treatments helps calm and speed skin healing.

75 minutes - \$150

❖ **Back Facial**

Our back facial targets an often neglected part of our body with facial quality products. This treatment can be customized to accommodate any type of skin, specifically acne prone.

60 minutes - \$75

Professional Peels

❖ **Glycolic Peel**

Speeds up the suns natural exfoliation process resulting in fewer fine lines, reduced pore size, even pigment and oil control.

30 minutes - \$60

❖ **Salicylic Peel**

Combats facial oil, acne, blemishes as well as offering an excellent alternative to the glycolic.

30 minutes - \$60

❖ **MICRODERMABRASION** (*Medi-Spa Service*)

A revolutionary exfoliation treatment that gently polishes the skin helps rejuvenate, smooth, and improve imperfections. This procedure has been proven safe and effective for the treatment of minimizing fine lines and wrinkles, sun damaged skin, acne scarring and superficial age spots and other scarring. A series of 6 is recommended for optimal results.

Per treatment - \$90

6 treatment package - \$45

❖ **Sahar's Customized Facial**

Designed to improve skin that is aging, blemished, sun-damaged, or oily. Using exfoliation and deep cleansing to improve the skins clarity. Includes a glycolic or salicylic peel.

60 minutes - \$110

TAX INCLUDED, GRATUITY APPRECIATED

❖ **Blue Peel Radiance by Obagi**

Offers a unique blend of acids to provide a gentle but effective peel, resulting in tighter, smoother, brighter looking skin.

Per treatment - \$120

6 treatment package - \$600

❖ **PCA Peels**

We offer a full line of PCA Skin chemical peels to suit a broad range of skin types. Call for specific details and pricing.

Massages

❖ **4 Hands Massage (New)**

This is the ultimate experience. Two therapists, four hands, working simultaneously to create ultimate relaxation. Receive the benefits and results of a 60 or 90 minute massage in half the time. The therapists work together, mirroring one another or working half the body each, all while maintaining the relaxing fluidity of a Swedish massage.

Swedish: 30 minutes - \$120 60 minutes - \$160
Deep Tissue: 30 minutes - \$130 60 minutes - \$170
Couples: 30 minutes - \$225 60 minutes - \$330

❖ **Swedish Massage**

A unique European full body massage, that stimulates blood circulation and soothes tense muscles. Medium in pressure, it uses a combination of three basic strokes - long firm strokes, kneading strokes and small circular strokes - to smooth away stress.

30 minutes - \$50
60 minutes - \$70
90 minutes - \$105

❖ **Deep Tissue Therapeutic Massage**

A therapeutic massage focusing on specific areas using a variety of advanced techniques to help promote recovery of injured and strained muscles and improve flexibility and range of motion.

60 minutes - \$80
90 minutes - \$120

TAX INCLUDED, GRATUITY APPRECIATED

❖ **HOT STONE MASSAGE**

Originated from the islands, this Hawaiian-style massage uses smooth heated stones covered with coconut oil to carry warmth deep into the muscles, tissues and joints. These stones glide on your skin to soothe and stimulate, giving you the most relaxing, one-of a kind unique experience.

60 minutes - \$95
90 minutes - \$130

❖ **Advanced Hand and Foot Massage**

A deep pressure foot and hand massage, using reflexology techniques, makes this a one-of a kind massage. This is great for people who carry strong pressure points on the hands and feet. The reflex technique provides the organs with intense healing power.

60 minutes - \$70

❖ **Pregnancy Massage**

A massage for our most deserving guest! Designed especially to pamper the “mother to be” at this special time, we will carefully ease away those aches and pains! Our therapist takes careful consideration of special needs and comfort. Great pampering and wonderful benefits for stressed feet, legs and back. Must be at least 16 weeks along.

60 minutes - \$80

❖ **Thai Massage**

This is an ancient art of body therapy for healing, health and transformation. This massage creates a dynamic physical experience, which integrates the body, mind, emotions and spirit.

60 minutes - \$105

90 minutes - \$130

Body Treatments

❖ **Noni Body Wrap (New)**

This wrap provides healing power and ultimate protection for the skin. The Noni plant was brought to the Hawaiian Islands by ancient Polynesians and became known for its legendary healing powers. The Hawaiian natives continue to use the juice as a natural, multi-purpose healing agent. This treatment starts with an application of Noni Herbal elixir, which is soothing, healing, and naturally tightens the skin. You're then wrapped to enhance absorption of this botanical wonder. The wrap is followed with a warm Herbal Coconut Milk massage which will leave you with a healthy tropical glow.

60 minutes - \$80

❖ **Romantic Rosemary Rendezvous**

A full body, "Tri-Crystal Microdermabrasion, body scrub" for the ultimate in exfoliation, leaving your skin super smooth and supple. Your body is then misted with our Rosemary Essentials Oils to stimulate the skin and awaken the mind. The grand finale is a full body massage. This is the ultimate preparation for a special evening or weekend, leaving your skin like silk.

90 minutes - \$145

TAX INCLUDED, GRATUITY APPRECIATED

❖ **Brazilian Rainforest Body Wrap (New)**

An innovative treatment using Propolis, Coconut Milk and natural Aloe Vera. Using these products soothes the skin with antioxidants and forms a natural barrier against irritation. Perfect for extremely dry or problematic skin.

90 minutes - \$145

❖ **Espresso Limon Slimming Body Treatment**

The perfect detoxifying and firming treatment for the sleek smooth skin you have been looking for. Stimulates lymphatic drainage and collagen production.

2 hours - \$145

❖ **Pacific Paradise**

From the South Pacific, we start with a papaya pineapple body scrub to exfoliate your skin and help put you into the "island vacation mode." This is followed by a luxurious massage with hot coconut and Kukui nut oil that would even make the big kahunas envious!

90 minutes - \$145

❖ **Green Tea and Ginger Body Wrap**

You are first given a full body scrub with grape seeds from California’s Napa Valley wine region, which are high in antioxidants; this will make your skin receptive. You are then given the wrap, containing green tea, which has been known for thousands of years in China to balance the body’s yin and yang. Ginger root invigorates the mind and seaweed, nature’s most complete source of nutrition, can stimulate your body’s metabolism. Final step: the body is massaged with Epicuren’s protein lotion. This treatment is excellent for jet lag.

90 minutes - \$145

❖ **Sanctuary of the Senses**

Start with a spicy, aromatic herbal spice body scrub to make your skin smooth and more receptive. Then receive an application of our exclusive Chai Soy Mud Mask containing Colorado Indian spring clay, which is naturally high in colloidal minerals, organic soy, which is high in protein and balancing to the body, and the aromatic spices of chai tea. Follow up with a massage using our herbal spice massage lotion to finish off a treatment that is excellent to detoxify your system, revitalizes your body and mind while at the same time adding valuable nutrition to your skin.

90 minutes - \$145

❖ **Ear Candling**

This is a technique that dates back as far as Biblical times. The burning candle draws wax and impurities from the ear. The drawing effect, plus the warmth of the candle relaxes the body, thus giving back to the body the ability to heal itself.

Both ears – 1 hour \$65

❖ **Epicuren Microderm Body Scrub**

Old world tradition meets modern technology. Epicuren’s state-of-the-art Tri-Crystal Microdermabrasion technology combines sea salt, sugar and magnesium oxide crystals to give you the delicate hand-applied exfoliation of a full body Microdermabrasion but in an application of a traditional salt scrub. This treatment features the unique “Epicuren Hydra Shield” formula that will intensely moisturize the body and then seals it in. The result is unbelievably silky glowing skin.

60 minutes - \$105

❖ **Airbrush Tanning**

Our one-of-a-kind bronzing product is airbrush sprayed over your entire body to produce an even and long lasting tan. Imagine a tan without sun damage!

Per session - \$50

Package of 3 sessions - \$135

❖ **Hydration Station**

NEW Technology For Hydrating Your Skin!
Sahar’s Salon & Day Spa is proud to introduce the newest technology for hydrating your skin. Our Hydration Station Treatments will Rejuvenate your skin. Also use to Prepare, Prolong & Protect your tan longer! Experience the benefits of the Hydration Station featuring “Liquid Vitamins” for your Skin!

For more information visit:

www.hydrationsationmethod.com

20 minutes \$20

Spa Packages❖ **Sahar's Signature**

The **ULTIMATE** in relaxation! This journey begins with a full **Body Scrub** with our Napa Valley grape seed to make your skin smooth and more receptive. Followed with a **Wrap** containing Green Tea to balance the body, ginger root to stimulate the mind and seaweed algae to help stimulate your body's metabolism. Next will be a Swedish **Massage** and lotion application to further smooth your skin, followed with a Lift and Tone **Facial**. Just when you thought your journey was over, we will pamper you with our spa **Manicure and Pedicure** and finish the day with a color enhancing **Make-up Application, Shampoo & Style**.

5 hours 45 minutes - \$388

❖ **Head-to-Toe Renewal**

A wonderful pumpkin spice **Body Peel and Wrap**. This aromatic peel contains pumpkin extract and malic acid to smooth away rough areas of skin and restore a youthful appearance. A cinnamon and vanilla brown sugar **scrub** will melt into your skin, sealing in the properties of the peel and quenching your skin. Followed by a Swedish **massage** and a rejuvenating **Refresh and Renew Facial**. Finish with a custom **Shampoo & Style**.

4 hours 45 minutes - \$295

❖ **Wine & Roses Package**

This exquisite package includes a full body **scrub** with grape seeds from California's Napa Valley Wine Region, rose bath salt **soak**, full body **massage**, European **facial**, spa **manicure & pedicure**.

5 hours - \$2

TAX INCLUDED, GRATUITY APPRECIATED❖ **Half Day Excursion**

Let this favorable package take you away. This package includes a one-hour body massage, European facial, spa manicure and foot treatment. One of Sahar's most desired services and wonderful pick-me-up.

4 hours - \$230

❖ **The Executive Sampler**

With the special needs of the busy executive in mind - half hour massage, mini facial, spa manicure, shampoo and style with scalp massage.

2 hours 30 minutes - \$153

❖ **Total Indulgence for Two (Couples)**

This package is the ultimate in relaxation for two. We'll start with a side-by-side stone massage, as both therapists will use essential oils and warmed stones to relax your bodies. We then follow with European facials. Last of all, but not least, a spa pedicure and spa manicure is performed for you both. You will feel indulged and completely refreshed from head to toe.

4 hours 15 minutes - \$488

Men's Packages

❖ **Gentlemen's Facial**

This facial includes deep cleansing, hot towel therapy, exfoliation and extraction, a light massage and individualized mask to soothe, repair and revitalize your skin. Ask your esthetician for an "at home" program.

60 minutes - \$80

❖ **WAXING FOR HAIR REMOVAL**

We offer a full line of waxing services for men who want hair removal but do not want to use a pulsed light permanent hair reduction. Let us know your requirements.

Eyebrows

15 minutes - Starting at \$16

Chest/Back

Approximately 45 minutes - Starting at \$50

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❖ **Men's Club**

- 30 min. Gentleman's Facial
- 60 min. Deep Tissue Massage
- Haircut, scalp massage and style

2 hours 30 minutes - \$150